

Information for Continuing Education Credit



The Hawai'i State Center for Nursing is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

The Hawaii State Center for Nursing designates this activity for a maximum of 1.0 contact hours.

Activity Overview:

Activity Name:	Wellbeing Webinar Series: Don't Let Burnout Singe Your Positive
Activity Date:	Enduring Activity Expires 12/31/2025 Original Recording Date: January 18, 2023
Activity Description:	This Regularly Scheduled Series will focus on educating nurses on how they can promote their own wellbeing. We welcome speakers from across the state who are experts in wellbeing topics such as mindfulness, mental health, and relaxation techniques. Our first session will discuss burnout in healthcare and how nurses can maintain a positive outlook.
Activity Type:	Enduring
Activity Location:	Online

Program Requirements to Receive Contact Hours:

Hawai'i State Center for Nursing is committed to complying with the policy and criteria set for by the American Nurses Credentialing Center (ANCC). You must successfully complete all program requirements to receive credit for educational activities.

- Complete 100% of the learning activity
- Complete and evaluation form

Certificate of Completion: HSCN will provide your certificate of completion/verification of participation upon completion of the post-activity evaluation.

Learning Objectives:

- Understand the difference between burnout and stress
- Recognize signs of burnout
- Understand the science and importance of having a positive outlook
- Identify methods to produce and maintain a positive outlook

HSCN CNE INFORMATION

Presenters, Speakers, Faculty and Planning Committee Members

Name:	Title, Affiliation	Role
Elizabeth Berry, DNP, RN	Manager of Employee Wellbeing, Hawaii Pacific Health	Presenter
Liane Hussey	Program Manager, Nursing Professional Development, HSCN	Nurse Planner
Carrie Oliveira	Workforce Researcher, HSCN	Evaluator
Amy Ono	Administrative Assistant, HSCN	Planning Unit Administrator

Relevant Financial Relationships with Ineligible Companies:

Summary of Findings	Detail of Findings
Exempt from Identifying, Mitigating and Disclosing Relevant Financial Relationships	The learning topic is non-clinical (i.e. leadership, communication skills training), for a learner group that is in control of the entire content (i.e. spontaneous case conversation among peers), or self-directed where the learner is in control of their goals and report on their outcomes. Therefore the activity is exempt from identifying, mitigating, and disclosing relevant financial interest for speakers, faculty, or planners.

Content Validation Policy:

As an ANCC accredited as a provider of nursing continuing professional development, the Hawai'i State Center for Nursing (HSCN) is committed to ensuring that accredited continuing education (1) presents learners with only accurate, balanced, scientifically justified recommendations, and (2) protects learners from promotion, marketing, and commercial bias.

HSCN commits to the identification, mitigation, and disclosure of relevant financial relationships with faculty and planning committee members with ineligible companies prior to learning activity planning and implementation, consistent with concepts outlined in the ANCC Primary Accreditation Provider Manual and the ACCME Standards for Integrity and Independence in Accredited Continuing Education. HSCN also requires that all financial or in-kind support from ineligible companies is accepted and use in a way that maintains content validity and integrity, independence from and commits to disclosing this information to learners before learning activities begin.

Faculty may not actively promote or sell products or services during accredited education.

For questions or concerns regarding this activity, please contact HSCFN@hawaii.edu.

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